# WHAT DOES A CYBER LEARNING PLAN LOOK LIKE?

VinciWorks has created a full suite of cyber security courses. We recommend integrating the training into a year-long cyber security training plan. The advanced plan is most relevant for those who have not taken in-depth cyber security training before and lack basic knowledge and understanding of cyber security risks and how to mitigate them. The standard plan is relevant for all other staff.

Note: the training plans below are examples; our team can work with you to help create the training plan that works best for your organisation.

| Month	Standard User	Duration	Advanced User	Duration
1	**Cyber security:** Journey to Safety - Cyber Risks	20 mins	**Cyber security:** Journey to Safety - Cyber Risks	20 mins
2			**Phishing Challenge 1**	5 mins
3	**Phishing Challenge 1**	5 mins	**Knowledge Check:** The Basics	5 mins
4			**Social Media:** Communicating at Work	15 mins
5			**Phishing Challenge 2**	5 mins
6	**Cyber Security Knowledge Check**	5 mins	**Knowledge Check:** Social Engineering	10 mins
7			**Cyber security:** Journey to safety - Cyber Etiquettes	20 mins
8	**Email@Risk**	10 mins	**Knowledge Check:** Passwords	5 mins
9			**Phishing Challenge 3**	5 mins
10			**Email@Risk**	10 mins
11	**Phishing Challenge 3**	5 mins	**Cyber Security:** Ransomware	10 mins
12			**Knowledge Check:** Phishing	5 mins

CREATE YOUR OWN LEARNING PLAN

The above chart is our recommendation. We understand that every business, and all staff, have their own requirements and preferences when it comes to training. Here is our entire catalogue of cyber security courses.
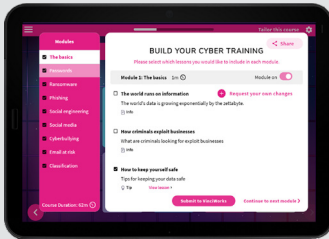
CYBER SECURITY: JOURNEY TO SAFETY

Duration: 15-90 minutes

Taking personalisation to the next level, learners can configure the course using our dynamic course builder. We offer two default versions of the course, with admins having the option of building their own course.
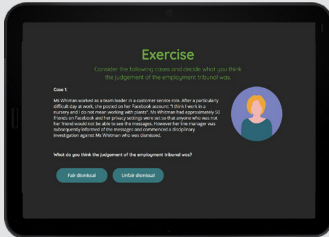
SOCIAL MEDIA: COMMUNICATING AT WORK
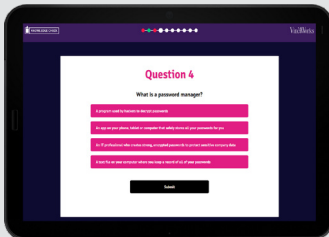
Duration: 20 minutes

Through immersive scenarios, real-life case studies and interactive exercises, users will gain a thorough understanding of how to keep themselves, and their business, safe when using social media.

CYBER SECURITY: PRACTICAL APPLICATIONS
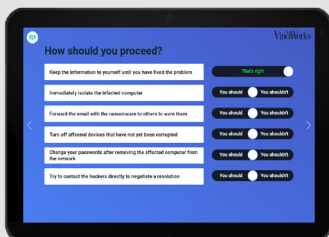
Duration: 20 minutes

A 20 minute journey through a series of interactive apps. Each app tackles a different topic and provides actionable advice for improving cyber security.

CYBER SECURITY KNOWLEDGE CHECKS

Duration: 5 minutes

Our short knowledge checks cover the most prominent cyber risks. They can be used by admins and managers to gain a better understanding of their staff's knowledge of the topic.

CYBER SECURITY: RANSOMWARE
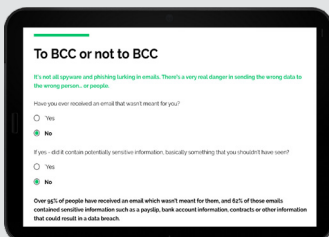
Duration: 10 minutes

Learn how to protect yourself and your business from being a target in the next digital hostage crisis with this short course.

PHISHING CHALLENGES

Duration: 5 minutes

Our series of short courses present a series of emails, enabling users to identify high risk employees and produce a report with each employee's phishing risk score.

EMAIL@RISK

Duration: 5 minutes

A short course demonstrating the importance of taking extra care when opening and sending emails, as well as red flags to look out for.